

Staff restaurant Eldora - Energie 360°

Monday, 17. March	Tuesday, 18. March	Wednesday, 19. March	Thursday, 20. March	Friday, 21. March
SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day	SUPPE Soup of the day
2.50	2.50	2.50	2.50	2.50
FAVORITE Shepherd's pie Potato soufflé with beef, root vegetables, cheese and glazed peas <i>approx 682.5 cal. / Beef: Switzerland</i>	FAVORITE Minced chicken steak with wild garlic Fried potatoes Steamed carrots Ketchup Lemon slice <i>approx 607.3 cal. / Chicken: Switzerland</i>	FAVORITE  Gyudon Beef with shiitake mushrooms Pickled radish Vegetables Sushi rice Roasted sesame <i>approx 476.0 cal. / Beef: Switzerland</i>	FAVORITE Tandoori chicken with yoghurt and spices Basmati rice Fried curried vegetables Cucumber raita with coriander and chilli <i>approx 675.2 cal. / Chicken: Switzerland</i>	FAVORITE Züri G'schnätzlets Zurich-style sliced pork in mushroom sauce Rice <i>approx 600.8 cal. / Pork: Switzerland</i>
13.00	13.00	13.00	13.00	13.00
KARMA  Vegetarian Riz Casimir Plant-based chicken Curry sauce Rice Fruit and almonds <i>approx 638.8 cal.</i>	KARMA  Indian Saag with baked tempeh Spicy spinach with tomatoes Basmati rice Papadums <i>approx 698.1 cal.</i>	KARMA  Breaded celery schnitzel Soy yoghurt dip with coriander Fried potatoes Creamed Savoy cabbage <i>approx 492.9 cal.</i>	KARMA  Acts of Green Roasted Turmeric Cauliflower Tacos With crispy chickpeas Harissa-lemon tahini sauce Sweet potato fries <i>approx 710.1 cal.</i>	KARMA Wild garlic and millet fritters Lime and cottage cheese dip Oven-baked vegetables <i>approx 409.4 cal.</i>
10.00	10.00	10.00	10.00	10.00
FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:	FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:	FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:	FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:	FRESH MARKET Daily fresh raw vegetable and leaf salads with various toppings, dressings and a warm component:
klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00	klein CHF 7.50 / gross CHF 10.00
DESSERT  Matcha mousse <i>approx 327.1 cal.</i>	DESSERT  Black Forest cherry cake <i>approx 143.1 cal.</i>	DESSERT Ginger and lemon crème with crunch <i>approx 234.3 cal.</i>	DESSERT  Chocolate flan <i>approx 173.2 cal.</i>	DESSERT Dessert of the day
2.50	2.50	2.50	2.50	2.50